



Dr. John
Burke
Learning
Center

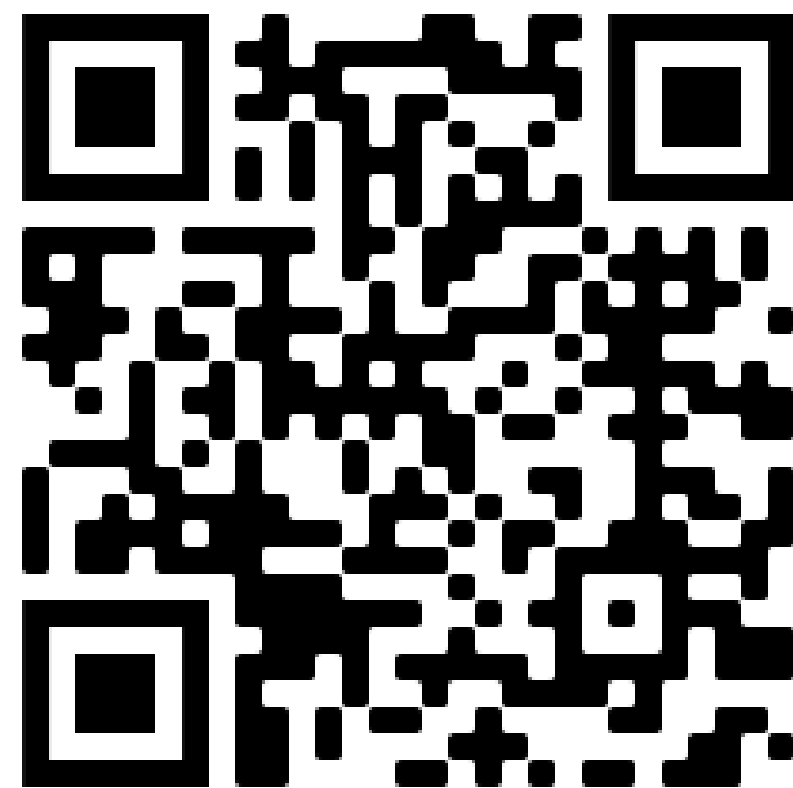


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**GRADUATE
CREDIT
AVAILABLE!**

Contact Us

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Secretary Ashleigh Taylor
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150 Stewart Ave
Haysville, KS 67060

ADULT MENTAL HEALTH FIRST AID

WEDNESDAY,
OCTOBER 2, 2024

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Workshop Description

Mental Health First Aid teaches:

- Information on depression, anxiety, trauma, psychosis, and substance use.
- A 5-step action plan to help someone developing a mental health concern or in crisis.
- Available evidence-based professional, peer, and self-help resources.

Mental Health First Aid is listed in the Substance Abuse and Mental Health Services Administration's National Registry of Evidence-Based Programs and Practices. Studies show that individuals trained in the program increase their knowledge of signs, symptoms and risk factors of mental illness and addictions; can identify multiple types of professional and self-help resources for individuals with a mental illness or addiction; increase their confidence in and likelihood to help an individual in distress; and show reduced social distance to individuals with mental illnesses.

The Adult Mental Health First Aid course is appropriate for anyone who wants to learn how to help adults who may be experiencing a mental health crisis or concern.

Presenter Details

COMCARE:

This course is delivered by certified Mental Health First Aid USA instructors who complete a 5-day training and meet certification requirements.

Date: October 2, 2024

Time: 8:00 am - 5:00 pm

Location: Dr. John Burke Learning Center

Cost: \$100 Out of District
Free to Haysville USD261 Staff

Payable To: Dr. John Burke Learning Center, USD261

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**Registration Deadline:
September 25, 2024**



Register Now

www.usd261.com/learningcenter

